Perioperative Care in Orthopaedics

WV Orthopaedic Society
WV Association of Orthopaedic Executives
Co-provided by the CAMC Health Education and Research Institute
Plus a WVAOE meeting and communications seminar
April 15-16, 2016
Stonewall Resort, Roanoke, WV
January 20, 2016

You are invited to join the West Virginia Orthopaedic Society and the West Virginia Association of Orthopaedic Executives for our annual “Spring Break” Meeting. This year’s meeting will take place on Friday and Saturday, April 15 and 16, at Stonewall Jackson Resort in Roanoke, West Virginia. The program is co-provided by the CAMC Health Education and Research Institute. The WV Association of Orthopaedic Executives will be addressing financial issues facing practices today. The WV Orthopaedic Society meeting theme is “Perioperative Care in Orthopaedics.” In addition, “Clinician-Patient Communication to Enhance Health Outcomes” for residents and physicians will be provided Friday morning.

Online conference registration is available at www.wvos.org, and payment can be made through PayPal. Hotel reservations must be made by March 15 by calling 888.278.8150 or 304.269.7400 and asking for the WVOS room block. Rates are $190 per person single/$133 per person double per night (plus taxes and resort fee) and includes your sleeping room, meals, onsite parking, in-park shuttle service, high speed internet access and Wi-Fi, use of fitness equipment, indoor/outdoor pool, sauna, steam room, paddle boats, canoes, kayaks, excursion boat, mountain bikes, basic fishing equipment and many other amenities. Please call 888-278-8150 by March 15 and mention you are with WVOS to get our special rate.

This year, we are including a variety of social events for everyone, so bring your family and friends to enjoy the fun. We have reserved four golf tee times on Friday, April 15, for those not attending the communications seminar. Golf rates are $65 per person, so please contact the WVOS office by March 15 to book a tee time. After class Friday, lunch is available in Stillwaters Restaurant. At 6:00 p.m., we will be enjoying an excursion around the lake on the Little Sorrel, followed by dinner on your own. After dinner, join us for a charity Texas Hold ‘em tournament to raise funds for the Orthopaedic Research and Education Fund – we will have some great gifts for both the lucky and the not-so-lucky! Everyone is welcome to participate.

I hope you will make an effort to attend our meeting this year. Drs. Matthew Dietz and Michelle Bramer have created an excellent program for our members and other attendees. If you have any questions, please contact the WVOS office at 304.984.0308. Please send your registration form and payment by March 15, 2016, to:

Diane Slaughter, CAE, APR, Fellow PRSA
WV Orthopaedic Society
PO Box 13604
Charleston, WV 25360-0604

Sincerely,

Jack Steel, M.D.
Spring Break Meeting Chairman
Clinician-Patient Communication to Enhance Health Outcomes

Friday, April 15, 2016

7:30 a.m.  Registration/Continental Breakfast
8:00 a.m.  The Challenge of Culturally Competent Care
10:00 a.m.  Break/Visit with Exhibitors
10:30 a.m.  Course Resumes
1:00 p.m.  Course Adjourns
1:00 p.m.  Golf Tee Times Available
1:00 p.m.  Lunch in Stillwaters Restaurant
6:00 p.m.  Lake Cruise on Little Sorrel Excursion Boat
7:30 p.m.  Charity Texas Hold ‘em Tournament

Learning Objectives:
Creating an open dialogue with your patients is critical for accurate history taking and gaining a comprehensive view of their needs or concerns. That is why AAOS created the Cultural Competency Challenge and the Culturally Competent Care Guidebook—now available online and free to members and residents! A fun and educational way to test yourself—so you can effectively treat and interact with a diverse patient population—this program raises your awareness for cultural competency, reduces potential biases, provides insights on patient preferences, and offers a choice of communication techniques.

The Cultural Competency Challenge brings to life a variety of patient cases, each with a fully interactive multiple-choice quiz, for you to test your “cultural IQ.” The guidebook offers useful and practical information, rooted in research, to help you reduce disparities and deliver quality care to every patient—regardless of race, culture, creed, or gender.

Your patients’ culture, ethnicity, race, faith, and gender can influence many things. Learn the best way to:
• Address and communicate with them
• Physically interact with them
• Determine rehabilitation advice
• Prescribe medications
• Schedule surgery
• Deal with family members
• Establish trust

Disclosures:
It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician’s Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. Faculty relationships with industry, if any, will be made available on-site and announced from the podium to the participants. Except where noted, all faculty have disclosed that no commercial relationships exist. Faculty relationships with industry are as follows: Dr. Marks is a consultant with The CMIC Group, Institute for Healthcare Communications and the American Academy of Orthopaedic Surgeons. His presentation is HIPAA compliant.
Accreditation:
This activity has been planned and implemented in accordance with the essentials and standards of the Accreditation Council for Continuing Medical Education through the joint providership of CAMC Health Education and Research Institute and the West Virginia Orthopaedic Society. The CAMC Health Education and Research Institute is accredited by the ACCME to provide continuing medical education for physicians.

Credit Hour Statement:
The CAMC Health Education and Research Institute designates this live activity for a maximum of 4.5 hours AMA PRA Category I Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Our Speaker:
Michael R. Marks, MD, MBA, is on the orthopaedic staff of Norwalk Hospital and is the owner of Marks Healthcare Consulting in Westport, CT. Prior to opening the consulting firm, he served as Vice-President Business Development for Western Connecticut Health Network, Vice-President Business Development and President of Norwalk Hospital Physicians & Surgeons. He earned his MBA from University of Tennessee, his medical degree from George Washington University School of Medicine and his undergraduate degree from Union College. His post-graduate training included a spine surgery fellowship at Clinic Foundation, Cleveland and his orthopaedic and general surgery residencies at George Washington University Medical Center.
Saturday, April 16, 2016

**Perioperative Care in Orthopaedics**
Program Committee: Matthew Dietz, MD, and Michelle Bramer, MD

7:00 a.m.  Exhibit Hall Opens
7:30 a.m.  Registration/Continental Breakfast
8:00 a.m.  Welcome
           WVOS President Brett Whitfield, MD
8:05 a.m.  Conference introduction
           Conference Chairs Matthew Dietz, MD and Michelle Bramer, MD
8:10 a.m.  *Peri-operative care in orthopaedics: Perspectives on how practices have changed*
           Dave Waxman, MD, United Hospital Center, Clarksburg

**Session One**
Moderator Michelle Bramer, MD

8:30 a.m.  *Benefits of preoperative education, prehabilitation, and considerations for post-op therapy*
           Shannan Lawrence PT, Ruby Memorial Hospital, WVU Medicine confirmed

8:45 a.m.  *Medical optimization: When “clearance” just isn’t enough*
           Matthew Dietz, MD, WVU School of Medicine, Morgantown

9:00 a.m.  *Multimodal pain management for total joint replacement*
           Benjamin Frye, MD, WVU School of Medicine, Morgantown

9:15 a.m.  *Use of patient-specific instrumentation, robots, and other assistive devices*
           Felix Cheung, MD Marshall University, Huntington

9:30 a.m.  Break/Visit with Exhibitors

**Session Two**
Moderator Matthew Dietz, MD

10:00 a.m.  *Washington’s View of Medicine*
           Second District Congressman Evan Jenkins (R)

10:45 a.m.  *Improving outcomes in the management of hip fractures*
           Michelle Bramer, MD, WVU School of Medicine, Morgantown

11:00 a.m.  *Establishing a metabolic bone program: WVU Fracture Consultation Service*
           Colleen Watkins, MD, WVU School of Medicine, Morgantown

11:15 a.m.  *Cost of care*
           Ali Oliashirazi, MD, Marshall University School of Medicine, Morgantown

11:30 a.m.  *Postoperative pain management and opioids in your practice*
           Adam Klein, MD, WVU Schol of Medicine, Morgantown

11:45 a.m.  *Questions/discussion from session one*

12:00 p.m.  *Questions/discussion from session two*

12:30 p.m.  Lunch
           Stillwaters Restaurant

1:30 p.m.  WVOS Annual Meeting

2:30 p.m.  Resident Presentations

2:30 p.m.  *Distal Radius Fractures: Does obesity affect fracture pattern, treatment, and outcome?*
           Michael Montague, MD, West Virginia University Resident

2:45 p.m.  *Dementia and Hip Fracture Inpatient Outcomes – analysis of over 662,000 patients using CMS data*
           Grant Buchanan, MD, Marshall University Resident

3:00 p.m.  Break/Visit with Exhibitors

3:30 p.m.  *Are we playing in a dirty field? Contamination of surgical surfaces during revision of infected total knee arthroplasty*
           Jonathan Karnes, MD, West Virginia University Resident

3:45 p.m.  *Geriatric Trauma: Are the Elderly Under-triaged?*
           Richard Boe, MD, Marshall University Resident

4:00 p.m.  *The cost of applying to orthopaedic surgery fellowship*
           Philipp Bostian, MD, West Virginia University Resident

4:15 p.m.  *Pyomyositis confused with septic arthritis: report of two recent cases/lessons learned*
           Brock Johnson, MD, Marshall University Resident

4:45 p.m.  Presentation of resident prizes

5:00 p.m.  Adjourn
**Objectives:**
The participant will be able to:
1) Apply the lessons of the past in providing better peri-operative orthopaedic care in the future.
2) Identify parameters that should be considered before undertaking an elective surgery to decrease risk of infection, wound complications, and transfusions understand the importance of addressing modifiable risk factors prior to elective surgery.
3) Outline how the advantages of patient specific instrumentation and robots for joint replacements affect perioperative patient outcomes.
4) Understand the importance of osteoporosis diagnosis and treatment and optimal timing of surgical intervention to decrease morbidity and mortality in hip and fragility fracture patients.
5) By screening patients pathologic/low energy fractures for disorders such as vitamin D deficiency and osteopenia, identify those who would benefit from metabolic bone evaluation and/or osteoporosis treatment.
6) Manage post operative pain using multimodal technique and learn how to transition patients from narcotic to OTC pain relievers.
7) Understand the impact of the federal government on your medical practice and how you can impact Congress

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**Accreditation:**
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**Credit Hour Statement:**
The CAMC Health Education and Research Institute designates this live activity for a maximum of 5.5 hours AMA PRA Category I Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
Clinician-Patient Communication to Enhance Health Outcomes - and - Perioperative Care in Orthopaedics
Friday and Saturday, April 15-16, 2016

Attendee:___________________________________________________________

Practice Name:_____________________________________________________________

Address:________________________________________________________________

City:_______________________________________________________________

State, ZIP:________________________________________________________________

Email:______________________________________________________________

Phone:(______)______________________________________________________

Spouse/Guest:_______________________________________________________

WVOS Registration

Registration (including meals, with room registration, and all conference materials).
Add $25 to each registration submitted after March 15, 2016.

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TOTALS

Please make your check payable to WV Orthopaedic Society
and submit with registration by March 15, 2016, to:
Diane Slaughter, CAE, APR, Fellow PRSA
WV Orthopaedic Society
PO Box 13604
Charleston, WV 25360-0604

To register and pay online visit www.wvos.org. No refunds after March 15, 2016.