

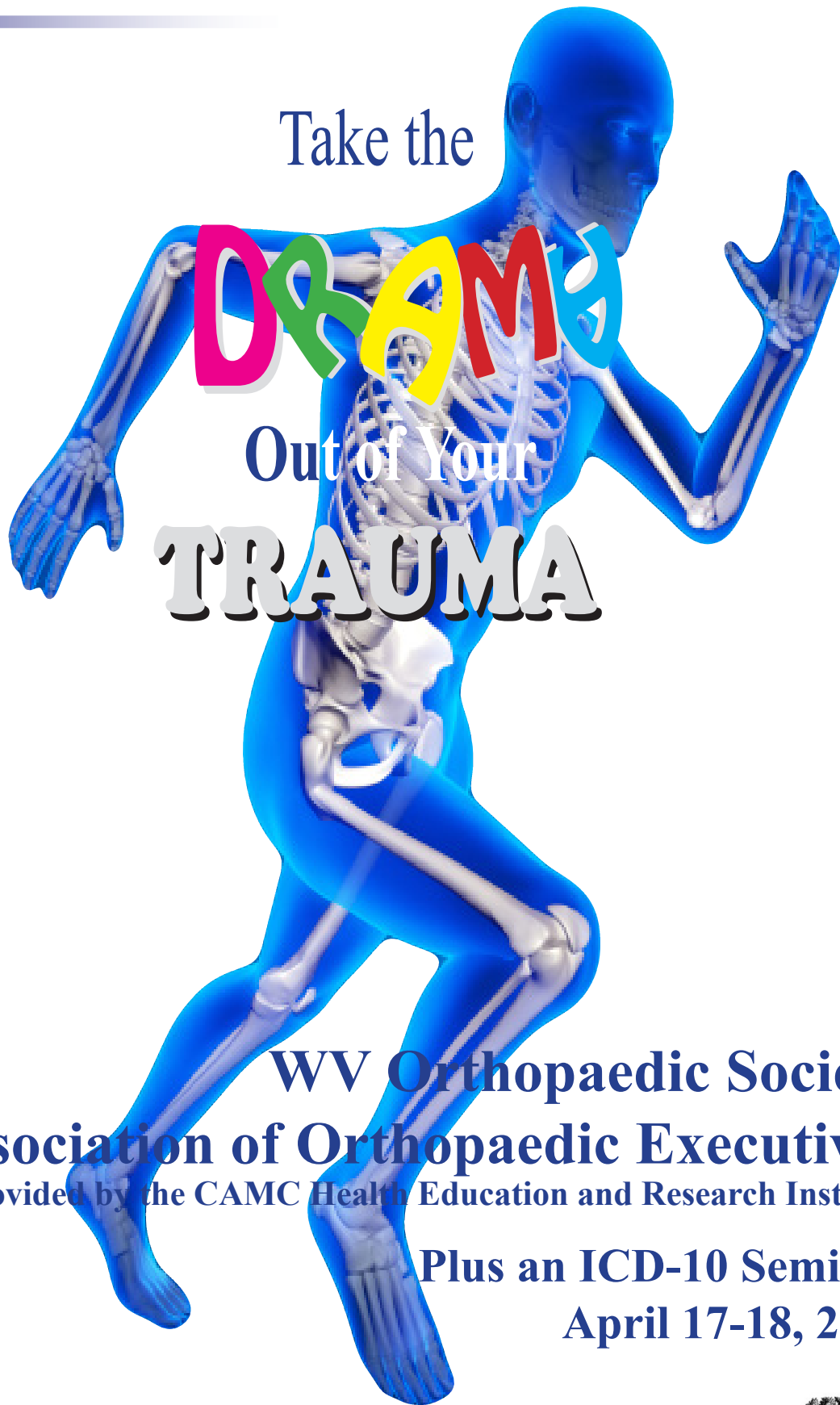
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Take the

**DRAMA**

Out of Your

**TRAUMA**



**WV Orthopaedic Society**

**WV Association of Orthopaedic Executives**

Co-provided by the CAMC Health Education and Research Institute

**Plus an ICD-10 Seminar**

**April 17-18, 2015**



# Welcome

To our West Virginia Orthopaedists, West Virginia Orthopaedic Executives, Physical Therapists and Allied Health Professionals,

You are invited to join the West Virginia Orthopaedic Society and the West Virginia Association of Orthopaedic Executives for our annual "Spring Break" Meeting. This year's meeting will take place on Friday and Saturday, April 17 and 18, at Stonewall Jackson Resort in Roanoke, West Virginia. The program is co-provided by the CAMC Health Education and Research Institute.

Friday's program is a day-long seminar on ICD-10, presented by Karen Zupko & Associates, Inc. (KZA), designed for both physicians and practice staff. Saturday's courses, designed for orthopaedic surgeons, physician assistants, nurses and physical therapists, will help you "Take the Drama Out of Your Trauma." We are honored to be joined by AAOS President Dr. David Teuscher for this outstanding meeting.

Online conference registration is available at [www.wvos.org](http://www.wvos.org), and payment can be made through PayPal. Hotel reservations must be made by **March 24** by calling 888.278.8150 or 304.269.7400 and asking for the WVOS room block. Rates are \$210 per person single/\$153 per person double per night (plus taxes) and includes your sleeping room, meals, onsite parking, in-park shuttle service, high speed internet access and Wi-Fi, use of fitness equipment, indoor/outdoor pool, sauna, steam room, paddle boats, canoes, kayaks, excursion boat, mountain bikes, basic fishing equipment and many other amenities. There is a resort fee of \$8.48 per night. Please **call 888-278-8150 by March 24** and mention you are with WVOS to get our special rate.

This year, we are including a variety of social events for everyone, so bring your family and friends to enjoy the fun. We have reserved several golf tee times on Friday, April 17, for those not attending the ICD-10 seminar. Golf rates are \$65 per person, so please call 304.269.8885 to make your tee time by **March 24**. After class Friday, we will be enjoying an excursion around the lake on the Little Sorrel, followed by dinner on your own. After dinner, join us for a charity Texas Hold 'em tournament to raise funds for the Orthopaedic Research and Education Fund – we will have some great gifts for both the lucky and the not-so-lucky! Everyone is welcome to participate.

I hope you will make an effort to attend our meeting this year. Drs. Brett Whitfield and Aaron Sop have created an excellent program for our members and other attendees. If you have any questions, please contact the WVOS office at 304.984.0308. Please send your registration form and payment by **March 24, 2015**, to: WV Orthopaedic Society, PO Box 13604, Charleston, WV 25360-0604.

Sincerely,



Jack Steel, M.D.  
Spring Break Meeting Chairman

## President

David Ede, MD  
Charleston, WV

## Vice President

Brett Whitfield, MD  
Beckley, WV

## Secretary-Treasurer

Stanley Tao, MD  
Huntington, WV

## Immediate Past President

Joe Prud'homme, MD  
Morgantown, WV

## At-large Members

Felix Cheung, MD  
Huntington, WV  
Vivek Neginhal, MD  
Huntington, WV  
Robert Santrock, MD  
Morgantown, WV

## AAOS Councilor

Greg B. Krivchenia, MD  
New Martinsville, WV

## Membership Chairman

William G. Sale, III, MD  
Charleston, WV

## Legislative Chairman

David L. Waxman, MD  
Bridgeport, WV

## Program Chairman

Jack Steel, MD  
Huntington, WV

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Sanford Emery, MD, MBA  
Morgantown, WV  
Alvin Jones, MD  
Morgantown, WV  
Ali Oliashirazi, MD  
Huntington, WV  
Thomas Riley, MD  
Huntington, WV

## Executive Director

Diane Slaughter, APR, CAE  
PO Box 13604  
Charleston, WV 25360  
304.984.0308  
[wvos@frontier.com](mailto:wvos@frontier.com)  
[www.wvos.org](http://www.wvos.org)

# ICD-10 Seminar

## Friday, April 17, 2015

7:30 am	<i>Registration/Continental Breakfast</i>
8:00 am	<i>ICD-10 Seminar Begins</i>
9:30 am	<i>Break/Visit with Exhibitors</i>
10:00 am	<i>Course Resumes</i>
11:30 am	<i>Lunch in Stillwaters Restaurant</i>
12:30 pm	<i>Course Resumes</i>
2:00 pm	<i>Break/Visit with Exhibitors</i>
2:30 pm	<i>Course Resumes</i>
4:00 pm	<i>Course Adjourns!</i>
6:00 pm	<i>Lake Cruise on Little Sorrel Excursion Boat</i>
7:30 pm	<i>Charity Texas Hold 'em Tournament</i>

**An ICD-10 book is required for the course.** Two people can share one book. KZA recommends purchasing the books through Amazon.com or from the AMA.

Here's what the course will cover:

- Overview of ICD-10 Book
  - Comparing ICD-9 to ICD-10
  - What can we learn from the similarities
- What about the chapter on External Causes?
  - Are they required for proper coding?
- ICD-10 Format and Structure
- Injury, Poisoning and Certain Other Consequences of External Causes
  - Architecture & Organization of the Injury Chapter
  - The "Injury Guy" coding aid to identify the "category" of any injury
  - Making the ICD-10 Book more usable
- Using the 7th character extension for injuries
- Technology Tips and Demo
- Classification of Fractures and Fracture Documentation
- Fracture documentation and use of the 7th character
  - Leo C. Far to master fracture documentation
- Gustilo
- Neer
- Salter Harris Fracture/Non-traumatic Slipped Femoral Epiphysis
  - Watch your documentation
- Key documentation elements for fractures of
  - Shoulder
  - Elbow
  - Hand
  - Pelvis
- Complication of Procedures
  - Wound
  - Infection
  - Mechanical Complications
- Sprain / Strain – Did they solve the problem?
  - Using the includes and excludes notes

Introduction to ICD-10: The Zupko Slim Guide to orthopaedic ICD-10 (see description below)

# ICD-10 Seminar

- Diseases of the Musculoskeletal System
  - Architecture and Organization of the Musculoskeletal Chapter
- The “Musculoskeletal Block”
  - Descriptive Terms in the Musculoskeletal Chapter
  - Complications- Chapter specific pre and post op complications
  - Pathologic fractures and 7th characters
  - Gout and the 7th character
- Focused look at:
  - Arthritis
  - Pain
  - Gout
  - Using the ICD-10 Slim Guide
- Key documentation elements for common diagnoses of:
  - Shoulder
  - Elbow
  - Wrist and hand
  - Pelvis
  - Foot and Toe
  - Foot
- Technology Tips and Demo
- REVISED Implementation Guide
  - Understanding what technology can do for you
  - Knowing what you should do next
- Resource section
- Concussion
- Compartment Syndrome
- Chapter 4: Endocrine, Nutritional and Metabolic Diseases (E00-E89)
- Chapter 6: Diseases of the Nervous System (G00-G99)
- Chapter 17: Deformations and Chromosomal Abnormalities (Q00-Q99)

## **Learning Objectives:**

- List 5 specific areas where your current documentation needs to be more specific
- Demonstrate competence and confidence using technological assistance to look up an ICD-10 code
- Define sprain and strain
- Identify the category (first 3 characters) of ANY ICD-10 code to describe a specific traumatic injury on a specific body area.
- Identify 50 frequently used orthopaedic diagnosis codes; describe the key elements of documentation required to support their use in ICD-10.
- Describe what is required for proper coding of a traumatic fracture using the mnemonic Leo C. Far
- Describe when a 7th character would be required for an orthopaedic diagnosis code
- List 3 things you will do to improve your documentation.

## **Our Speaker:**

Sarah Wiskerchen, MBA, CPC, a KZA Associate since 1994, draws upon twenty years of consulting and six years of experience as a practice administrator to understand the complex organizational, operational and financial issues faced by private and academic group practices and to effectively communicate and collaborate with key employees in these settings. She is an AAPC-certified coder and earned her MBA from the University of St. Thomas in St. Paul, Minnesota.

# ***Take the Drama Out of Your Trauma***

**Saturday, April 18, 2015**

Program Committee: Brett Whitfield, MD, and Aaron Sop, DO

- 7:30 am *Registration/Continental Breakfast*
- 8:00 am *Conference Welcome*  
WVOS President David Ede, MD
- 8:20 am *The Five Pillars of the AAOS*  
AAOS President David Teuscher, MD
- 9:20 am *Intertrochanteric Femur Fractures, Tips and Tricks to improve Outcomes*  
Aaron Sop, DO, Charleston Area Medical Center
- 9:40 am *Best Care Paradigm for Extra-articular Distal Humeral Fracture*  
Ivan Tarkin, MD, University of Pittsburgh Medical Center
- 10:00 am *Break/Visit with Exhibitors*
- 10:20 am *Written Informed Consent: Requirement or Interpretation?*  
Shafic Sraj, MD, Weston Orthopedic and Sports Medicine Clinic
- 10:40 am *Treatment of Hand Trauma for the Non-hand Surgeon*  
Joe Prud'homme, MD, WVU Department of Orthopaedics
- 11:00 am *The Current Management of Clavicle Fractures*  
Kelly Bal, MD, WVU Department of Orthopaedics
- 11:20 am *What's New in Ankle Trauma?*  
Ereny Bishara, DO, University of Pittsburgh Medical Center
- 11:40 am *Spine Trauma for the Non-spine Specialist*  
Matt Walker, MD, Brain & Spine Specialists
- 12:00 pm *Pathologic Long Bone Fractures: Case Examples*  
Felix Cheung, MD, Marshall University Department of Orthopaedics
- 12:20 pm *Q & A with morning speakers*
- 12:30 pm *Lunch*  
Stillwaters Restaurant
- 1:30 pm *WVOS Annual Meeting/Elections*  
WVOS President David Ede presiding
- 2:30 pm *Break/Visit with Exhibitors*
- 3:00 pm *Timing of Airflow Activation Impacts Contamination from Filtered-Exhaust Helmets for Arthroplasty Surgery*  
Andrew Hanselman, MD, WVU Department of Orthopaedics
- 3:15 pm *Texting While Driving: A Danger to the Rural Teenager*  
Zain Qazi, MD, Marshall University Department of Orthopaedics
- 3:30 pm *Can Fracture Pattern Predict Nerve Injury and Need For Open Reduction in Pediatric Supracondylar Humerus Injuries*  
Jonathan Karnes, MD, WVU Department of Orthopaedics
- 3:45 pm *Acute Prosthetic Joint Infection with Normal Lab Values at Presentation*  
Dana Lycans, MD, Marshall University Department of Orthopaedics
- 4:00 pm *The Value of MRI Ordered by Providers Prior to Referral to a Hand Surgeon*  
Michael Montague, MD, WVU Department of Orthopaedics
- 4:15 pm *Percutaneous SI Screw Insertion: A resident teaching tool*  
Jerry Ambrosia, MD, Marshall University Department of Orthopaedics
- 4:30 pm *Q & A with Resident*
- 4:40 pm *Voting for Resident Presentation Prizes*
- 4:45 pm *Presentation of Resident Presentation Prizes*
- 5:00 pm *Meeting Adjourns*

## **Objectives:**

The participant will be able to:

- 1) Explain what the AAOS is doing to help orthopaedists take better care of their patients and their practice.
- 2) Implement multiple tips and tricks when treating intertrochanteric femur fractures to help improve outcomes and decrease failure rates.
- 3) Understand the value of rigid anatomic internal fixation facilitating early ROM and best outcomes and learn to use a triceps preserving technique to avoid surgical complication including weakness, stiffness and iatrogenic radial nerve injury.
- 4) Feel comfortable treating an increased number of common hand injuries, while recognizing subtle but common injuries that need an urgent or expedited referral to a hand surgeon.
- 5) Discuss the indications of operative and non-operative treatment of clavicle fractures and recognize the potential complications of both treatments.
- 6) Learn tips and tricks in operative management of ankle fractures in different populations/demographics and review some of the latest trends and controversies in ankle fracture management.
- 7) Achieve a better understanding of spinal trauma and gain an increased level of confidence in determining whether a given spinal injury requires the attention of a spine specialist.
- 8) Appropriately manage impending and treat current pathologic fractures of the long bones, including fixation techniques, arthroplasty techniques, and when to refer.
- 9) Understand the current requirements for verbal and written informed consents and identify the need to further clarify those requirements from an orthopedic perspective

## **Disclosures:**

It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. Faculty relationships with industry, if any, will be made available on-site and announced from the podium to the participants. Except where noted, all faculty have disclosed that no commercial relationships exist. Faculty relationships with industry are as follows: Dr. Bal's presentation includes discussion of implants for clavicle fractures in which he has no significant financial interest or other relationship with the manufacturer and he is a consultant with Depuy; Dr. Cheung's presentation includes discussion of implants for long bone fractures in which he has no significant financial interest or other relationship with the manufacturer; Dr. Prud'homme has grant and/or research support from Arthrex; Dr. Teuscher is president of the American Academy of Orthopaedic Surgeons and the American Association of Orthopaedic Surgeons; and Dr. Walker's presentation includes discussion of spinal instrumentation in which he has no significant financial interest or other relationship with the manufacturer. All presentations are HIPAA compliant.

## **Accreditation:**

This activity has been planned and implemented in accordance with the essentials and standards of the Accreditation Council for Continuing Medical Education through the joint providership of CAMC Health Education and Research Institute and the West Virginia Orthopaedic Society. The CAMC Health Education and Research Institute is accredited by the ACCME to provide continuing medical education for physicians.

## **Credit Hour Statement:**

The CAMC Health Education and Research Institute designates this live activity for a maximum of 5.5 hours AMA PRA Category I Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

# ICD-10 Registration

Friday, April 17, 2015

Attendee: \_\_\_\_\_

Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Spouse/Guest: \_\_\_\_\_

Registration (including all meals, with paid room reservation, and conference materials). Add \$25 to each registration submitted after March 24, 2015.



1.	2015 paid WVAOE/WVOS member or working for paid member	\$110	\$ _____
2.	WVAOE/WVOS non-member	\$210	\$ _____
3.	Charity Texas Hold'em Tournament to benefit OREF	\$ 50	\$ _____
	TOTAL		\$ _____

Please make your check payable to WV Association of Orthopaedic Executives and submit with registration by **March 24, 2015**, to:  
Diane Slaughter, CAE, APR, Fellow PRSA  
WV Association of Orthopaedic Executives  
PO Box 13604  
Charleston, WV 25360-0604

To register and pay online visit [www.wvos.org](http://www.wvos.org). No refunds after March 24, 2015.

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# WVOS Registration

## Take the Drama Out of Your Trauma

**Saturday, April 17, 2015**

Attendee: \_\_\_\_\_

Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, ZIP: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_

Spouse/Guest: \_\_\_\_\_



Registration (including meals, with room registration, and all conference materials).  
Add \$25 to each registration submitted after March 24, 2015.

1. 2015 paid WVOS member	\$ 75	\$ _____
2. Non-dues paying physician	\$225	\$ _____
3. Allied health professional	\$100	\$ _____
4. MU/WVU Orthopaedic Resident	\$ 0	\$ _____
5. Charity Texas Hold'em Tournament to benefit OREF	\$ 50	\$ _____
TOTAL		\$ _____

Please make your check payable to WV Orthopaedic Society  
and submit with registration by **March 24, 2015**, to:  
Diane Slaughter, CAE, APR, Fellow PRSA  
WV Orthopaedic Society  
PO Box 13604  
Charleston, WV 25360-0604

To register and pay online visit [www.wvos.org](http://www.wvos.org). No refunds after March 24, 2015.



PO Box 13604  
Charleston, WV 25360



2015 Spring Break Meeting  
April 17-18, 2015  
Stonewall Jackson Resort  
Roanoke, WV